



Texas Lung Associates



209 N. Bonnie Brae St., Suite 300, Denton, TX 76201
Tel: (940) 382-LUNG (5864) Fax: (940) 382-FXFX (3939)
E-mail: doctor@texaslung.com Website: www.texaslung.com

What is a Bronchoscopy?

A bronchoscopy is a procedure that allows the doctor to look inside your lungs. The doctor will insert a flexible tube, which has a camera on the end, through your nose or mouth into your airways and lungs. This instrument is called a bronchoscope. You will be kept comfortable throughout the procedure with light anesthesia and you probably will not remember the procedure. This is an outpatient procedure performed at the hospital.

Preparation for the procedure

Food: You will be instructed not eat or drink after midnight the day before your procedure is scheduled. You may sip a little water to take your medication on the day of the procedure.

Medications: If you are taking any type of blood thinning medication, the doctor will advise you to stop taking it prior to your procedure. Below is a chart listing the names of blood thinning medications and the amount of time they should be discontinued. Due to the increase of new blood thinning medications arriving on the market, you may not find your medication listed. Therefore, it is important confirm the medication with the doctor so he can advise you of the amount to time to discontinue it prior to your procedure.

Blood thinning medications:	Amount of time they should be stopped prior to your procedure:
Coumadin (warfarin) Plavix (clopidogrel) Brilinta (ticagrelor)	7 days
Aspirin	5 days
Pradaxa	3 - 5 days
Miradon (anisindione)	72 hours
Eliquis (apixaban)	24 - 48 hours
Clexane, Lovenox (enoxaparin) Fragmin (dalteparin) Arixtra (fondaparinux) Innohep (tinzaparin) Xarelto (rivaroxaban) Persantine (dipyridamole)	24 hours
Heparin	12 hours

Please continue to take all other medications as directed, including inhalers and nebulizer treatments.

What to Expect the Day of the Procedure

After you arrive at the hospital where your procedure is scheduled, you will check-in and register at outpatient/day surgery. Your blood will be drawn (if requested by the doctor) and you will be moved to a room similar to an operating room.

Before the procedure, a bitter tasting numbing medication will be squirted into your nose and throat. A mask will be placed on your face to give you oxygen. When you are drowsy and comfortable, the doctor will insert a small tube through your nose or mouth down to your lungs. Depending on the reason for the test, a biopsy may be done and fluid may be washed into your lung and collected for testing.

After the procedure, you will feel sleepy and your throat may feel numb. As you wake up, it is normal to cough. There will be a nurse available to take care of you until you are completely awake and able to eat and drink. After you recover, the doctor will release you to go home.

It is normal to cough up some bloody mucous the day of and the day after the procedure. If the amount is increasing or the bleeding is not stopping, please call our office immediately at (940) 382-5864. It is also normal to have a sore throat for a few days after the procedure.

It may take a week or two before we receive your test results. Therefore, you will be asked to make a follow-up appointment in the office. At that time, the doctor will discuss your results with you.