

# *Texas Lung Associates*



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## What is a Pulmonary Function Test?

A pulmonary function test (PFT) measures how well you are breathing. There are During the test you will perform a series of different types of breathing tests. The results of these tests will help your doctor find the best treatment plan for you.

## Preparation for the PFT

**You should not smoke on the day of the test.**

The following medications will affect the test and should not be used before the test. If you are on a medication that is not listed below, please continue to take that medication as normal. **If you have a rescue inhaler (Proventil, Ventolin, ProAir, Albuterol or Xopenex), please bring it with you. You will be asked to use it during the test.**

**Do NOT use these inhaled medications 24 hours before your appointment:**

- Advair
- Symbicort
- Pulmocort
- Foradil
- Spiriva
- Spiriva Respimat
- Striverdi Respimat
- Asmanex
- Azmacort
- QVAR
- Serevent
- Brovana
- Alvesco
- Flovent
- Tudorza
- Dulera
- Breo Ellipta
- Anoro Ellipta
- Incruse Ellipta

**Do NOT use these inhaled medications SIX hours before your appointment:**

- Atrovent (ipratropium)
- Combivent/DuoNeb (ipratropium and albuterol)

**Do NOT use these inhaled medications FOUR hours before your appointment:**

- All rescue inhalers and nebulizer treatments including: Provent, Ventolin, Albuterol, ProAir and Xopenex
- Maxair
- Primatene Mist

### **What Should I Expect During the Pulmonary Function Test?**

You will perform a series of breathing tests. These tests will involve normal breathing, deep breathing, as well as, holding your breath. A good effort during the test is important to get the best results. Some tests may be repeated to ensure reliable results. The nurse/technician will coach you during each test to help you make a good effort. If you wear oxygen, you will be asked to stop using it 20 minutes prior to the test.

The pulmonary function test will take approximately 45 minutes. We ask that family members and/or friends accompanying you remain in the waiting room.